

**Gracie Philosophy** 

Lesson 25

## **BJJ Blackbelt Fatally Shot**

On April 24, 2018, BJJ black belt and accomplished competitor, Tiago Guma, was fatally shot in road rage altercation in Brazil. Although the incident and the footage is very disturbing, Ryron and Rener used this opportunity to address the jiu-jitsu community as a whole to discuss the critical role that instructors have in teaching their students not just when to use their physical skills, but more importantly, when not to use them. Analyzing and learning from tragic events like this are the only chances we have to prevent them from ever happening again.

## Here are some critical considerations to keep in mind:

- 1. Avoid the fight at all cost.
- 2. Be prepared to walk away even if your ego is being threatened.
- 3. The only time to fight is if escape is not possible or if someone's life is in danger.
- 4. If you're a jiu-jitsu instructor, teaching your students when NOT to fight is more important than when TO fight.
- 5. Build your confidence through jiu-jitsu, and use your confidence to walk away.

Notes:	