

Powerful Principles

Have you ever wondered why some people take twice as long to get to black belt than others? In this discussion, we'll tell you why?

- The right learning philosophy can cut the time to black belt in half.
- "The details" are the best and worst thing about the Gracie Academy curriculum.
- The Gracies will provide only 50% of what you need to make it to black belt.
- To get the rest, you must become a student of principles.
- Techniques, circumstances and opponents are ever-changing, principles are timeless.
- Learn to "learn between the lines" to get the most out of each lesson.

Notes: