

Gracie Games Intro Class

Introduction

- Altogether, there are 10 Gracie Games and each game has 3 levels.
- Once you complete all 10 games, start over and do them again.
- Once all games are mastered, you will be ready to move on to the Jr. Combatives course.
- You will earn one stripe every 20 lessons.
- Once you have four stripes, you will record your belt test and upload it to the Internet for evaluation.