



October 2026					
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5 5:30 Black Belt Club	6 5:30pm Jr. Combatives (8-12) 6:30pm Little Champs (5-7)	7 4:45pm Mat Munchkins 5:15 pm Little Champs 6:00pm Jr. Combatives (8-12)	8	9 6:30pm Black Belt Club	10 11:30am Jr. Combatives (8-12) 12:30 pm Little Champs (5-7)
12 5:30 Black Belt Club	13 5:30pm Jr. Combatives (8-12) 6:30pm Little Champs (5-7)	14 4:45pm Mat Munchkins (3-5) 5:15pm Little Champs (5-7) 6:00pm Jr. Combatives (8-12)	15	16 6:30 Black Belt Club	17 11:30am Jr. Combatives (8-12) 12:30 pm Little Champs (5-7)
19 5:30 Black Belt Club	20 5:30pm Jr. Combatives (8-12) 6:30pm Little Champs (5-7)	21 4:45pm Mat Munchkins (3-5) 5:15pm Little Champs (5-7) 6:00pm Jr. Combatives (8-12)	22	23 6:30 Black Belt Club	24 11:30am Jr. Combatives (8-12) 12:30 pm Little Champs (5-7)
26 5:30 Black Belt Club	27 5:30pm Jr. Combatives (8-12) 6:30pm Little Champs (5-7)	28 4:45pm Mat Munchkins (3-5) 5:15pm Little Champs (5-7) 6:00pm Jr. Combatives (8-12)	29	30 6:30 Black Belt Club	31 Gracie Game Day: Manners 11:45am – 1:15pm

Week of	Weekly Focus
October 5 – October 10	Boundary Setting
October 12 – October 17	Defenses
October 19 – October 24	Defenses
October 26 – October 31	Comfort in Chaos Gracie Game Day: Manners: Saturday, October 31 st (WEAR YOUR COSTUMES)

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