



**April 2026**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6 5:30 Black Belt Club	7 5:30pm Jr. Combatives (8-12) 6:30pm Little Champs (5-7)	8 4:45pm Mat Munchkins 5:15 pm Little Champs 6:00pm Jr. Combatives (8-12)	9	10 6:30pm Black Belt Club	11 11:30am Jr. Combatives (8-12) 12:30 pm Little Champs (5-7)
13 5:30 Black Belt Club	14 5:30pm Jr. Combatives (8-12) 6:30pm Little Champs (5-7)	15 4:45pm Mat Munchkins (3-5) 5:15pm Little Champs (5-7) 6:00pm Jr. Combatives (8-12)	16	17 6:30 Black Belt Club	18 11:30am Jr. Combatives (8-12) 12:30 pm Little Champs (5-7)
20 5:30 Black Belt Club	21 5:30pm Jr. Combatives (8-12) 6:30pm Little Champs (5-7)	22 4:45pm Mat Munchkins (3-5) 5:15pm Little Champs (5-7) 6:00pm Jr. Combatives (8-12)	23	24 6:30 Black Belt Club	25 11:30am Jr. Combatives (8-12) 12:30 pm Little Champs (5-7)
27 5:30 Black Belt Club	28 5:30pm Jr. Combatives (8-12) 6:30pm Little Champs (5-7)	29 4:45pm Mat Munchkins (3-5) 5:15pm Little Champs (5-7) 6:00pm Jr. Combatives (8-12)	30	MAY 1 6:30 Black Belt Club	2 Gracie Game Day: Health! 11:45am-1:15pm

<b>Week of</b>	<b>Weekly Focus</b>
April 6 – April 11	Boundary Setting
April 13 – April 18	Defenses
April 20 – April 25	Defenses
April 27 – May 2	Comfort in Chaos

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