



June 2025					
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2  <b>5:30 Black Belt Club</b>	3 <b>5:30pm</b> <b>Jr. Combatives (8-12)</b> <b>6:30pm</b> <b>Little Champs (5-7)</b>	4 <b>4:15pm Mat Munchkins</b> <b>4:45 pm Little Champs</b> <b>5:30pm</b> <b>Jr. Combatives (8-12)</b>	5	6  <b>6:30 Black Belt Club</b>	7 <b>11:30 am</b> <b>Jr. Combatives (8-12)</b> <b>12:30 pm</b> <b>Little Champs (5-7)</b>
9  <b>5:30 Black Belt Club</b>	10 <b>5:30pm</b> <b>Jr. Combatives (8-12)</b> <b>6:30pm</b> <b>Little Champs (5-7)</b>	11 <b>4:15pm Mat Munchkins</b> <b>4:45 pm Little Champs</b> <b>5:30pm</b> <b>Jr. Combatives (8-12)</b>	12	13  <b>6:30 Black Belt Club</b>	14 <b>11:30 am</b> <b>Jr. Combatives (8-12)</b> <b>12:30 pm</b> <b>Little Champs (5-7)</b>
16  <b>5:30 Black Belt Club</b>	17 <b>5:30pm</b> <b>Jr. Combatives (8-12)</b> <b>6:30pm</b> <b>Little Champs (5-7)</b>	18 <b>4:15pm Mat Munchkins</b> <b>4:45 pm Little Champs</b> <b>5:30pm</b> <b>Jr. Combatives (8-12)</b>	19	20  <b>6:30 Black Belt Club</b>	21  <b>GRACIE GAME DAY!</b> <b>11:45am-1:15pm</b>
23  <b>5:30 Black Belt Club</b>	24  <b>GRACIE GAME DAY!</b> <b>5:30pm-7:00pm</b>	25 <b>4:15pm Mat Munchkins</b> <b>4:45 pm Little Champs</b> <b>5:30pm</b> <b>Jr. Combatives (8-12)</b>	26	27  <b>6:30 Black Belt Club</b>	28 <b>11:30 am</b> <b>Jr. Combatives (8-12)</b> <b>12:30 pm</b> <b>Little Champs (5-7)</b>
30	JULY 1 <b>5:30pm</b> <b>Jr. Combatives (8-12)</b> <b>6:30pm</b> <b>Little Champs (5-7)</b>	2 <b>4:15pm Mat Munchkins</b> <b>4:45 pm Little Champs</b> <b>5:30pm</b> <b>Jr. Combatives (8-12)</b>	3	4  <b>CLOSED FOR THE HOLIDAY</b>	5 <b>11:30 am</b> <b>Jr. Combatives (8-12)</b> <b>12:30 pm</b> <b>Little Champs (5-7)</b>

Week of	Jr. Combatives Weekly Focus
June 2 – June 7	Clinches w/ Trap and Rolls
June 9 – June 14	Pull Guard w/Elbow Escape
June 16 – June 21	Body Fold w/ Guard Armlocks
June 23 – June 28	Leg Hook w/ Take the Back from Guard
June 30 – July 5	Standing Armlock w/ Headlock

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