



September 2025					
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 CLOSED FOR LABOR DAY	2 5:30pm Jr. Combatives (8-12) 6:30pm Little Champs (5-7)	3 4:15pm Mat Munchkins 4:45 pm Little Champs 5:30pm Jr. Combatives (8-12)	4	5 6:30pm Black Belt Club	6 GRACIE GAME DAY: Citizenship 11:45am-1:15pm
8 5:30 Black Belt Club	9 GRACIE GAME DAY: Citizenship 5:30pm-7:15pm	10 4:45pm Mat Munchkins (3-5) 5:15pm Little Champs (5-7) 6:00pm Jr. Combatives (8-12)	11	12 6:30 Black Belt Club	13 11:30am Jr. Combatives (8-12) 12:30 pm Little Champs (5-7)
15 5:30 Black Belt Club	16 5:30pm Jr. Combatives (8-12) 6:30pm Little Champs (5-7)	17 4:45pm Mat Munchkins (3-5) 5:15pm Little Champs (5-7) 6:00pm Jr. Combatives (8-12)	18	19 6:30 Black Belt Club	20 11:30am Jr. Combatives (8-12) 12:30 pm Little Champs (5-7)
22 5:30 Black Belt Club	23 5:30pm Jr. Combatives (8-12) 6:30pm Little Champs (5-7)	24 4:45pm Mat Munchkins (3-5) 5:15pm Little Champs (5-7) 6:00pm Jr. Combatives (8-12)	25	26 6:30 Black Belt Club	27 11:30am Jr. Combatives (8-12) 12:30 pm Little Champs (5-7)
29 5:30 Black Belt Club	30 5:30pm Jr. Combatives (8-12) 6:30pm Little Champs (5-7)	Sept 1 4:45pm Mat Munchkins (3-5) 5:15pm Little Champs (5-7) 6:00pm Jr. Combatives (8-12)	2	3 6:30 Black Belt Club	4 11:30am Jr. Combatives (8-12) 12:30 pm Little Champs (5-7)

Week of	Weekly Focus
September 1 – September 6	Boundary Setting CLOSED Monday, September 1 st for Labor Day Gracie Game Day: Citizenship Saturday, September 6 th 11:45am-1:15pm
September 8 – September 13	Boundary Setting Gracie Game Day: Citizenship Tuesday, September 9 th 5:30pm – 7:15pm
September 15 – September 20	Defenses
September 22 – September 27	Defenses
September 29 – October 3	Comfort in Chaos

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