



# GRACIE BULLYPROOF

## Attendance Tracking Card

| 1 <sup>st</sup> Stripe |       | 2 <sup>nd</sup> Stripe |       | 3 <sup>rd</sup> Stripe |       | 4 <sup>th</sup> Stripe |       | Bonus Classes      |       |
|------------------------|-------|------------------------|-------|------------------------|-------|------------------------|-------|--------------------|-------|
| 1                      | 11    | 21                     | 31    | 41                     | 51    | 61                     | 71    | 81                 | 91    |
| 2                      | 12    | 22                     | 32    | 42                     | 52    | 62                     | 72    | 82                 | 92    |
| 3                      | 13    | 23                     | 33    | 43                     | 53    | 63                     | 73    | 83                 | 93    |
| 4                      | 14    | 24                     | 34    | 44                     | 54    | 64                     | 74    | 84                 | 94    |
| 5                      | 15    | 25                     | 35    | 45                     | 55    | 65                     | 75    | 85                 | 95    |
| 6                      | 16    | 26                     | 36    | 46                     | 56    | 66                     | 76    | 86                 | 96    |
| 7                      | 17    | 27                     | 37    | 47                     | 57    | 67                     | 77    | 87                 | 97    |
| 8                      | 18    | 28                     | 38    | 48                     | 58    | 68                     | 78    | 88                 | 98    |
| 9                      | 19    | 29                     | 39    | 49                     | 59    | 69                     | 79    | 89                 | 99    |
| 10                     | 20    | 30                     | 40    | 50                     | 60    | 70                     | 80    | 90                 | 100   |
| <b>Good Job!</b>       |       | <b>Great Work!</b>     |       | <b>Outstanding!</b>    |       | <b>Almost There!</b>   |       | <b>You did it!</b> |       |
| Date                   | Inst. | Date                   | Inst. | Date                   | Inst. | Date                   | Inst. | Date               | Inst. |

|                                 |                       |   |   |   |
|---------------------------------|-----------------------|---|---|---|
| <b>CHARACTER</b><br>Development | 1                     | 2 | 3 | 4 |
|                                 | <b>Responsibility</b> |   |   |   |
| <b>Health</b>                   | 1                     | 2 | 3 | 4 |
|                                 | <b>Respect</b>        |   |   |   |
| <b>Citizenship</b>              | 1                     | 2 | 3 | 4 |
|                                 | <b>Manners</b>        |   |   |   |
| <b>Caring</b>                   | 1                     | 2 | 3 | 4 |
|                                 | 1                     | 2 | 3 | 4 |

**RULES OF ENGAGEMENT**

1. Avoid the fight at all costs.
2. If physically attacked, defend yourself.
3. If verbally attacked, follow the Three T-steps: Talk, Tell, Tackle!
4. Never punch or kick the bully, establish control and negotiate.
5. When applying submissions, use minimal force and negotiate.