MASTER CYCLE®

PROJECTED SCHEDULE

SATURDAY 9AM	MONDAY 6:45PM	WEDNESDAY 6:45PM	THURSDAY 6PM
FULL GI	**FULL GI**	**NO-GI/FIGHT SIM**	**FUNDAMENTALS**
9/26	***9/28***	***9/30***	***10/1***
Guard Sub Counters BBS1	*Guard Sub Counters BBS 1&2*	*Vale Tudo*	*Mount*
10/3	***10/5***	**10/7**	***10/8***
Guard Sub Counters BBS 2+	*Omoplata BBS2 L26*	*Omoplata BBS2 L26*	*Side Mount*
10/10	**10/12**	**10/14**	**10/15**
Omoplata Sweeps BBS3 L23	Omoplata Counter BBS3 L26	NO-Gi	*Guard*
10/17	***10/19***	***10/21***	***10/22***
Back Mount Sub Counters BBS1	*Back Mount Sub Counters BBS 2+*	*Vale Tudo*	*½ Guard*
10/24	***10/26***	***10/28***	***10/29***
Leg Lock Sub Counters BBS1	*Leg Lock Sub Counters BBS 2+*	*Fight Sim*	*Back Mount*

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