



Monday	Tuesday	Wednesday	Thursday
Gracie Combatives 12:00pm-1:00pm		Gracie Combatives 12:00pm-1:00pm	
			Mat Munchkins (3-5 yrs) 4:15pm-4:45pm
Little Champs (5-7 yrs) 4:45pm-5:30pm	Little Champs (5-7 yrs) 4:45pm-5:30pm	Little Champs (5-7 yrs) 4:45pm-5:30pm	Little Champs (5-7 yrs) 4:45pm-5:30pm
Jr. Grapplers (8-12) 5:30pm-6:30pm	Jr. Grapplers (8-12) 5:30pm-6:30pm	Jr. Grapplers (8-12) 5:30pm-6:30pm	Jr. Grapplers (8-12) 5:30pm-6:30pm
GC Reflex Development 6:30pm-7:30pm	Gracie Combatives 6:30pm-7:30pm	MC Fundamentals 6:30pm-7:30pm	Gracie Combatives 6:30pm-7:30pm
	MC Technique 7:30pm-8:30pm		MC Technique 7:30pm-8:30pm
	MC Sparring 8:30pm-9:00pm		MC Sparring 8:30pm-9:00pm

10-Day Free Trial – Satisfaction Guaranteed!

At most jiu-jitsu schools, they'll let you try one class before you sign up. At our school, we prefer that you try our programs for 10 days before you make an enrollment decision. We will give you full access to our beginner programs for 10 calendar days and assuming you love everything about our school, you can enroll after the trial period. If it's not exactly what you're looking for, simply return the uniform, and you won't be charged for anything. No experience is necessary, and you will love the classes – we guarantee it. Speak to a team member about starting your 10-day free trial today!

Six Things Every Student Should Know

1. Respect everything and everyone at the school
2. Ask questions every chance you get
3. Arrive 10-15 minutes early to class
4. Wash your gi after every class
5. Learn from everyone and share with everyone
6. **Everyday is bring a friend day**