



SET Martial Arts Gracie Jiu-Jitsu Surprise As of Oct, 2026



PROGRAMS

Gracie Mat Munchkins®



Kids w/ Parents ages 3-5
Gracie Little Champs®



Kids ages 5-8

Gracie Jr. Grapplers®



Kids ages 8-13

Gracie Blackbelt Club®



Kids ages 8-13, Advanced, Invite Only

Gracie Teens®



Ages 13-16

Gracie Combatives®



Teens & Adults 13+, Beginner-Friendly

Gracie Master Cycle®



Teens & Adults 13+, Advanced

Shintani Wado Explorers



Ages 5-8, Beginner-Friendly

Shintani Wado Warriors



All Ages 8-12, Beginner Friendly

Shintani Wado Guardians



Teens & Adults 13+, Beginner-Advanced

Other (Seminars, Open Mats, Specials)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
AM	AM	AM	AM	AM	AM	AM
Wado Explorers (Age 5-8) Wado Warriors (Age 8-12) (Combined) 9:30AM-10:30AM		Combatives (Teen/Adult) 9AM-10AM		Combatives (Teen/Adult) 9AM-10AM	Mat Munchkins (Age 3-5) 9:30AM	
Little Champs (Age 5-8) Jr. Grapplers (Age 8-12) Homeschool-Friendly (all members welcome) (Combined) 10:30AM-11:30AM		Little Champs (Age 5-8) Homeschool-Friendly (all members welcome) 10AM-11AM		Little Champs (Age 5-8) Homeschool-Friendly (all members welcome) 10AM-11AM	Little Champs (Age 5-8) Jr. Grapplers (Age 8-12) (Combined) 10AM-11AM	
Master Cycle (Advanced Teen/Adult) (Pre-book) 11:30AM-12:30PM		Jr. Grapplers (Age 8-12) Homeschool-Friendly (all members welcome) 11AM-12PM		Jr. Grapplers (Age 8-12) Homeschool-Friendly (all members welcome) 11AM-12PM	Combatives (Teen/Adult) 11AM-12PM	
PM	PM	PM	PM	PM	PM	PM
	Mat Munchkins (Age 3-5) (Pre-Book) 4:30PM-5PM	Age 5-13 Freeplay Time (Unsupervised: Parents must watch their children) 12PM-1PM		Age 5-13 Freeplay Time (Unsupervised: Parents must watch their children) 12PM-1PM	Master Cycle (Advanced Teen/Adult) (Pre-book) 12PM-1PM	
Jr. Grapplers (Age 8-12) 5PM-6PM	Little Champs (Age 5-8) 5PM-6PM	Mat Munchkins (Age 3-5) 5PM-5:30PM	Little Champs (Age 5-8) 4PM-5PM			
Little Champs (Age 5-8) 6PM-7PM	Jr. Grapplers (Age 8-12) 6PM-7PM	Wado Explorers (Age 5-8) Wado Warriors (Age 8-12) (Combined) 5:30PM-6:30PM	Jr. Grapplers (Age 8-12) 5PM-6PM			
Master Cycle (Advanced Teen/Adult) (Pre-book) 7PM-8PM	Combatives (Teen/Adult) 7PM-8PM	Wado Explorers (Age 5-8) Wado Warriors (Age 8-12) (Combined) 5:30PM-6:30PM	Master Cycle Fundamentals (Advanced Teen/Adult) (Invite Only) 6PM-7PM			
	Reflex Development (Teen/Adult) (Invite Only, Pre-book) 8PM-9PM	Jr. Grapplers Blackbelt Club (Age 8-13) Gracie Teens (Age 13-15) (Combined, Invite Only) 6:30PM-7:30PM	Combatives (Teen/Adult) 7PM-8PM			

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