SET Martial Arts
Gracie Jiu-Jitsu Surprise

As of Oct 01, 2026

PROGRAMS

Gracie Mat Munchkins®
Kids w/ Parents ages 3-5

Gracie Little Champs®
Kids ages 5-8

Gracie Jr. Grapplers®
Kids ages 8-13

Gracie Blackbelt Club®
Kids ages 8-13, Advanced, Invite Only

Gracie Teens®
Ages 13-16

Gracie Combatives®
Teens & Adults 13+, Beginner-Friendly

Gracie Master Cycle®
Teens & Adults 13+, Advanced

Shintani Wado Explorers
Ages 5-8, Beginner-Friendly

Shintani Wado Warriors
All Ages 8-12, Beginner Friendly

Shintani Wado Guardians
Teens & Adults 13+, Beginner-Advanced

Other (Seminars, Open Mats, Specials)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
AM	**AM**	**AM**	**AM**	**AM**	**AM**	**AM**
Wado Explorers (Age 5-8) Wado Warriors (Age 8-12) *(Combined)* 9:30AM-10:30AM		Combatives (Teen/Adult) 9AM-10AM		Combatives (Teen/Adult) 9AM-10AM	Mat Munchkins (Age 3-5) 9:30AM	
Little Champs (Age 5-8) Jr. Grapplers (Age 8-12) *Homeschool-Friendly* *(all members welcome)* *(Combined)* 10:30AM-11:30AM		Little Champs (Age 5-8) *Homeschool-Friendly* *(all members welcome)* 10AM-11AM		Little Champs (Age 5-8) *Homeschool-Friendly* *(all members welcome)* 10AM-11AM	Little Champs (Age 5-8) Jr. Grapplers (Age 8-12) *(Combined)* 10AM-11AM	
Master Cycle *(Advanced Teen/Adult)* *(Pre-book)* 11:30AM-12:30PM		Jr. Grapplers (Age 8-12) *Homeschool-Friendly* *(all members welcome)* 11AM-12PM		Jr. Grapplers (Age 8-12) *Homeschool-Friendly* *(all members welcome)* 11AM-12PM	Combatives (Teen/Adult) 11AM-12PM	
PM	**PM**	**PM**	**PM**	**PM**	**PM**	**PM**
		Age 5-13 Freeplay Time *(Unsupervised: Parents must watch their children)* 12PM-1PM		Age 5-13 Freeplay Time *(Unsupervised: Parents must watch their children)* 12PM-1PM	Master Cycle *(Advanced Teen/Adult)* *(Pre-book)* 12PM-1PM	
	Mat Munchkins (Age 3-5) *(Pre-Book)* 4:30PM-5PM		Little Champs (Age 5-8) 4PM-5PM			
Jr. Grapplers (Age 8-12) 5PM-6PM	Little Champs (Age 5-8) 5PM-6PM	Mat Munchkins (Age 3-5) 5PM-5:30PM	Jr. Grapplers (Age 8-12) 5PM-6PM			
Little Champs (Age 5-8) 6PM-7PM	Jr. Grapplers (Age 8-12) 6PM-7PM	Wado Explorers (Age 5-8) Wado Warriors (Age 8-12) *(Combined)* 5:30PM-6:30PM	Master Cycle Fundamentals *(Advanced Teen/Adult)* *(Invite Only)* 6PM-7PM			
Master Cycle *(Advanced Teen/Adult)* *(Pre-book)* 7PM-8PM	Combatives (Teen/Adult) 7PM-8PM Reflex Development (Teen/Adult) *(Invite Only, Pre-book)* 8PM-9PM	Jr. Grapplers Blackbelt Club (Age 8-13) Gracie Teens (Age 13-15) *(Combined, Invite Only)* 6:30PM-7:30PM	Combatives (Teen/Adult) 7PM-8PM			

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