



SET Martial Arts Gracie Jiu-Jitsu Surprise

Schedule As Of August 1st, 2026
This schedule is subject to change.



PROGRAMS

Gracie Mat Munchkins®



Kids w/ Parents ages 3-5

Gracie Little Champs®



Kids ages 5-8

Gracie Jr. Grapplers®



Kids ages 8-13

Gracie Blackbelt Club®



Kids ages 8-13, Advanced, Invite Only

Gracie Teens®



Ages 13-16

Gracie Combatives®



Teens & Adults 13+, Beginner-Friendly

Gracie Master Cycle®



Teens & Adults 13+, Advanced

Shintani Wado Explorers



Ages 5-8, Beginner-Friendly

Shintani Wado Warriors



All Ages 8-12, Beginner Friendly

Shintani Wado Guardians



Teens & Adults 13+, Beginner-Advanced
Other (Seminars, Open Mats, Specials)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
AM	AM	AM	AM	AM	AM	AM
Wado Explorers (Age 5-8) - 9:30AM-10:30AM (Combined)		Combatives (Teen/Adult) - 9:00AM-10:00AM		Combatives (Teen/Adult) - 9:00AM-10:00AM	Mat Munchkins (Age 3-5) - 9:30AM	
Wado Warriors (Age 8-12) - 9:30AM-10:30AM (Combined)		Mat Munchkins (Age 3-5) - 10:15AM		Wado Explorers (Age 5-8) - 10:00AM-11:00AM (Combined)	Little Champs (Age 5-8) - 10:00AM-11:00AM (Combined)	
Little Champs (Age 5-8) - 10:30AM-11:30AM (Combined)		Little Champs (Age 5-8) - 10:45AM-11:45AM (Combined)		Wado Warriors (Age 8-12) - 10:00AM-11:00AM (Combined, Pre-book only)	Jr. Grapplers (Age 8-12) - 10:00AM-11:00AM (Combined)	
Jr. Grapplers (Age 8-12) - 10:30AM-11:30AM (Combined)		Jr. Grapplers (Age 8-12) - 10:45AM-11:45AM (Combined)		Little Champs (Age 5-8) - 11:15AM-12:15PM (Combined, Pre-book only)	Combatives (Teen/Adult) - 11:00AM-12:00PM	
Age 5-13 Freeplay Time - 11:45AM-12:45PM (Unsupervised)		Age 5-13 Freeplay Time - 11:45AM-12:45PM (Unsupervised)		Jr. Grapplers (Age 8-12) - 11:15AM-12:15PM (Combined)		
PM	PM	PM	PM	PM	PM	PM
Jr. Grapplers (Age 8-12) - 5:00PM-6:00PM			Little Champs (Age 5-8) - 4:00PM-5:00PM		Master Cycle (Advanced Teen/Adult) (Pre-Book Only) 12:00PM-1:00PM ^	
Little Champs (Age 5-8) - 6:00PM-7:00PM	Little Champs (Age 5-8) - 5:00PM-6:00PM	Mat Munchkins (Age 3-5) (Pre-book only) - 5PM	Jr. Grapplers (Age 8-12) - 5:00PM-6:00PM			
Master Cycle (Advanced Teen/Adult) - 7:00PM-8:00PM**	Jr. Grapplers (Age 8-12) - 6:00PM-7:00PM	Wado Explorers (Age 5-8) - 5:30PM-6:30PM (Combined)				
	Combatives (Teen/Adult) - 7:00PM-8:00PM	Wado Warriors (Age 8-12) - 5:30PM-6:30PM (Combined)	Master Cycle (Advanced Teen/Adult) 6:00PM-7:00PM			
	Combatives (Teen/Adult) RD (Invite Only, Pre-book Only) 8:00PM-9:00PM	Jr. Grapplers Blackbelt Club (Age 8-13) - 6:30PM-7:30PM	Combatives (Teen/Adult) - 7:00PM-8:00PM			
		Gracie Teens (Age 13-15) - 6:30PM-7:30PM				
**: Start date TBD.					^: Starts on August 8th, 2026.	

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