



SET Martial Arts Gracie Jiu-Jitsu Surprise

Schedule As Of August 1st, 2026
This schedule is subject to change.



PROGRAM	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Gracie Mat Munchkins®  Kids w/ Parents ages 3-5			10:15AM-10:45AM 5:00PM-5:30PM			9:30AM-10:00AM	
Gracie Little Champs®  Kids ages 5-8	6:00PM-7:00PM 10:30AM-11:30AM Homeschool Friendly (all members welcome), Combined class	5:00PM-6:00PM	10:45AM-11:45AM Homeschool Friendly (all members welcome), Combined class	4:00PM-5:00PM	11:15AM-12:15PM Homeschool Friendly (all members welcome), Combined class	10:00AM-11:00AM Combined class	
Gracie Jr. Grapplers®  Kids ages 8-13	5:00PM-6:00PM 10:30AM-11:30AM Homeschool Friendly (all members welcome), Combined class	6:00PM-7:00PM	10:45AM-11:45AM Homeschool Friendly (all members welcome), Combined class	5:00PM-6:00PM	11:15AM-12:15PM Homeschool Friendly (all members welcome), Combined class	10:00AM-11:00AM Combined class	
Gracie Blackbelt Club®  Kids ages 8-13, Advanced, Invite Only			6:30PM-7:30PM Invite Only				
Gracie Teens®  Teens ages 13-15			6:30PM-7:30PM				
Gracie Combatives®  Teens & Adults 13+, Beginner-Friendly		7:00PM-8:00PM 8:00-9:00PM Reflex Development (Invite, Pre-Book Only)	9:00AM-10:00AM	7:00PM-8:00PM	9:00AM-10:00AM	11:00AM-12:00PM (Pre-Book Only)	
Gracie Master Cycle®  Teens & Adults 13+, Advanced	7:00PM-8:00PM* *: Coming Soon			6:00PM-7:00PM Starting out as MC Fundamentals		1:00PM-2:00PM ^ (Invite, Pre-Book Only) Starting out as MC Fundamentals.	
Shintani Wado Explorers  Ages 5-8	9:30AM-10:30AM Homeschool Friendly (all members welcome), Combined class	4:00PM-5:00PM Book in advance class only	5:30PM-6:30PM Combined class		10:00AM-11:00AM Combined class Book in advance class only		
Shintani Wado Warriors  All Ages 8-12	9:30AM-10:30AM Homeschool Friendly (all members welcome), Combined class		5:30PM-6:30PM Combined class		10:00AM-11:00AM Combined class Book in advance class only		
Shintani Wado Guardians  All Ages 13+	Private Lessons Available Upon Request						
Other (Seminars, Open Mats, Specials)			11:45AM-12:45PM Kids Free-Play Time Unsupervised				

^: Starts on August 8th, 2026

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