



Gracie Jiu-Jitsu Weatherford
Class Schedule
Instructors: Tony V., Taylor Seibold
Kerry Markin, Jennifer Theisen



Class:	Mon	Tues	Weds	Thurs	Fri	Sat	Sun
Little Champs (Ages 5-7)		4:45pm- 5:25pm		4:45pm- 5:25pm			
Jr. Grapplers (Ages 8-12)	4:45pm- 5:35pm	5:30pm- 6:20pm	4:45pm- 5:35pm	5:30pm- 6:20pm (No-Gi top)	4:45pm- 5:35pm Black belt club		
Gracie Combative	5:45pm- 6:45pm	6:30pm- 7:30pm		6:30pm- 7:30pm (No-Gi)	5:45pm- 6:45pm		
Women Empowered			5:45pm- 6:45pm			10:00am- 11:00am	
Reflex Development		7:35pm- 8:35pm					
Master Cycle	7:00pm- 8:30pm MC Sparring		7:00pm- 8:30pm MC Sparring	7:40pm- 9:00pm MC sparring (No-Gi) Fight Sim.			

Effective date December 5, 2022: Winter Schedule

*** Thank you for your patience as we continue to update and improve the schedule as our gym continues to grow. Please be sure to check our Facebook page often to make sure you are up to date on all changes. We appreciate Y'all!!***

817-776-0456 Call or Text if you have questions