



| January 2023 |                                     |           |                   |        |   |
|--------------|-------------------------------------|-----------|-------------------|--------|---|
| Monday       | Tuesday                             | Wednesday | Thursday          | Friday | Saturday  |
| 2            | 3<br>6:30-7:30PM<br>Bring A Friend  | 4         | 5<br>6:30-7:30PM  | 6      | 7<br>10:00-11:00AM<br>Bring A Friend            |
| 9            | 10<br>6:30-7:30PM<br>Bring A Friend | 11        | 12<br>6:30-7:30PM | 13     | 14 <b>NO CLASS</b><br>(Women Empowered Seminar) |
| 16           | 17<br>6:30-7:30PM<br>Bring A Friend | 18        | 19<br>6:30-7:30PM | 20     | 21<br>10:00-11:00AM<br>Bring A Friend           |
| 23           | 24<br>6:30-7:30PM<br>Bring A Friend | 25        | 26<br>6:30-7:30PM | 27     | 28<br>10:00-11:00AM<br>Bring A Friend           |
| 30           | 31<br>6:30-7:30PM<br>Bring A Friend | 1         | 2                 | 3      | 4   |

**Powerful Character Development**

In addition to unshakable confidence, our goal is to develop your child’s character to ensure success in all aspects of life. There are six chapters in the Gracie Character Development Program: Responsibility, Health, Respect, Citizenship, Manners, and Caring. We spend two months on each chapter, and during each class we dedicate a few minutes to discussing the featured character trait and the simple things your child can do to make it part of their everyday lives. The secret to our success is in a unique point-based reward system that we created to excite kids about making daily progress!

**Free Subscription to GracieUniversity.com**

Once your child is enrolled in the Gracie Bullyproof program, you qualify for a free subscription to GracieUniversity.com, our interactive online learning center for Gracie Bullyproof. With comprehensive videos covering every technique your child learns in class, you and your child can use your online access to review past lessons and learn new techniques – from home!

**10-Day Free Trial – Satisfaction Guaranteed!**

In order to ensure that your child is having fun and that you love every aspect of our program, we invite you to take advantage of our free 10-day trial before signing up. We’ll provide the uniform and the class, and all you have to do is show up. Speak to a receptionist to get started today!