

CENTRAL OAHU JIU-JITSU ACADEMY CLASS SCHEDULE



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
8:30 - 9:30 AM	8:30 - 9:30 AM	8:30 - 9:30 AM	8:30 - 9:30 AM		
Women Empowered	Gracie Combatives	Women Empowered	Gracie Combatives		
4:00 - 4:30 PM	3:30 - 4:30 PM	4:00 - 4:30 PM	3:30 - 4:30 PM		
Ages 3 - 5	Ages 6 - 14 Beginners	Ages 3 - 5	Ages 6 - 14 Beginners		
4:45 - 6:00 PM	4:45 - 6:00 PM	4:45 - 6:00 PM	4:45 - 6:00 PM	4:45 - 6:00 PM	
Ages 6 - 14 Beginners	Ages 7 - 14 Advanced	Ages 6 - 14 Beginners	Ages 7 - 14 Advanced	No-Gi Jiu-Jitsu Ages 5 - 14	
6:15 - 7:15 PM	6:15 - 7:15 PM	6:15 - 7:15 PM	6:15 - 7:15 PM	6:15 - 7:15 PM	
Gracie Combatives	Gracie Combatives	Women Empowered	Gracie Combatives	RD CLASS	
7:30 - 9:00 PM	7:30 - 9:00 PM	7:30 - 9:00 PM	7:30 - 9:00 PM	7:30 - 9:00 PM	
Master Cycle	Adult Advanced BJJ	Master Cycle	Adult Advanced BJJ	Open Mat Ages 10 +	

POC: Noel Kauanui
Phone: 808-366-2996
Email: info@cobjj.com
Website: www.cobjj.com
Address:
401 North Cane St. #A3
Wahiawa, HI 96786



PRICES:

- Adult BJJ/Combatives - **\$120/Month** (Includes FREE Gracie Combatives Access)
 - Women Empowered - **\$75/Month** (Includes FREE Women Empowered Access)
 - Kids (3-5) - **\$60/Month** (Includes FREE Gracie Games Access)
 - Kids (5-14) - **\$90/Month** (Includes FREE Gracie Jr. Grapplers Access)
- 20% Military/Law Enforcement Discount
20% Multiple Family Members
Discounts cannot be combined

10 Consecutive days FREE trial!!!