GRACIE JIU-JITSU[®] PINELAND

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Little Champs (5-7 yrs) 4pm-5pm		Jr. Grapplers (8-12 yrs) 4pm-5pm	Black Belt Club (Kids) 4pm-5pm		Black Belt Club (Kids) 8:00am-9:00am
Jr. Grapplers (8-12 yrs) 5:15pm-6:15pm	Private Lessons 10:00-2:00	Little Champs (5-7 yrs) 5:15pm-6:15pm	GC Reflex Development 5:15pm-6:15pm	Private Lessons 10:00-2:00	Gracie Combatives (Bring-a-Friend Class) 9:15am-10:15am
Gracie Combatives 6:30pm-7:30pm	Gracie Combatives 7:30pm-8:30pm	Gracie Combatives (Bring-a-friend Class) 6:30pm-7:30pm			
		Black Belt Club (Kids) 7:30pm-8:30pm			

10-Day Free Trial – Satisfaction Guaranteed!

At most jiu-jitsu schools, they'll let you try one class before you sign up. At our school, we prefer that you try our programs for 10 days before you make an enrollment decision. We will give you full access to our beginner programs for 10 calendar days and assuming you love everything about our school, you can enroll after the trial period. If It's not exactly what you're looking for, simply return the uniform, and you won't be charged for anything. No experience is necessary, and you will love the classes – we guarantee it. Speak to a team member about starting your 10-day free trial today!

Six Things Every Student Should Know

- 1. Respect everything and everyone at the school
- 4. Wash your gi after every class

- 2. Ask questions every chance you get
- 3. Arrive 10-15 minutes early to class

- 5. Learn from everyone and share with everyone
- 6. Introduce your friends to Gracie Jiu-Jitsu

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